

QUIET ROOM

The Knowlton Hall Quiet Room is available to all students, faculty and staff in the College of Engineering and at The Ohio State University. The intent is to provide a space for individuals away from open study and work environments to engage in quiet reflection, to de-stress and to participate in prayer and other wellness activities.

ACTIVITIES

Permissible activities include the following:

- Meditation
- Prayer
- Relaxation breaks
- Breathing and stretching exercises
- Mindfulness activities

Prohibited activities include the following:

- Studying
- Meetings
- Lounging
- Sleeping

Patrons wishing to study or work may visit the Architecture Library on the fourth floor.

ACCESS

Drop-in access is available to Ohio State students, faculty and staff during open hours. One to five individuals may use the room at a single time.

Each visit should be limited to 15–30 minutes.

INCLUSION & RESPECT

Be courteous of others using the room. Exhibit mutual respect for others at all times.

If a user is not adhering to room policy, and your room use is disrupted, you may request that the user modify their behavior to align with room policy. If you do not feel comfortable doing so, please submit feedback via the survey at the bottom of these policies.

NOISE

No loud noise is permitted (music, videos, talking). Silence all portable devices upon entering. Use headphones or earbuds to listen to electronic devices.

If your room use requires quiet talking (i.e. meditation, prayer), please be courteous of others and request permission before beginning your activity.

FOOD AND DRINK

Food and beverages (other than water) are prohibited. Water must be in a sealable container. Patrons may relocate to the KSA Café to enjoy other food and drink.

APPAREL & FOOTWEAR

Appropriate articles of clothing must be worn at all times (ex. t-shirts, shorts, etc.).

Appropriate footwear is required in all Knowlton Hall public spaces

- Footwear is prohibited when using a contemplation/prayer rug or mat.
- Footwear and bare feet are not permitted on any furniture.
- Footwear and bare feet must be free of mud and other debris.

PERSONAL BELONGINGS

All personal belongings must be removed when leaving the room. Knowlton Staff are not responsible for lost or stolen items.

FURNITURE

Furniture must remain in the room. No items are to be moved from or added to the room.

OPEN FLAME / INCENSE

No fire or open flame is permitted, including but not limited to, candles and incense.

ROOM CARE & MAINTENANCE

Please help care for this room. Report any custodial or maintenance needs to Service2Facilities: 614-688-HELP, service2facilities@osu.edu.

SAFETY

If you have any safety concerns while utilizing this space, please contact OSU Public Safety by dialing 911 or using the non-emergency number: 614-292-2121.

FEEDBACK

Your feedback on this room is essential and will be used to improve the space over time. After using the room, please complete the survey at the link listed below. Submissions can be made anonymously.

go.osu.edu/KnowltonHallQuietRoom